



School of Health Sciences

www.wit.ie/studyatwit

Department of Nursing

Head: John Wells, PhD, MSc, BA (Hons), PG Dip (Ed), RNT, RNP

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Department of Health, Sport & Exercise Science

Head: Teresa Hurley, MA, BA (Hons), NCEFT, ITEC

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Disclaimer

All course titles and information listed are subject to change

CODE: **WD116** LEVEL: **8**

COURSE FACTS

COURSE TITLE:
BA (Hons) in General Nursing

COURSE CODE: WD116

COURSE LEVEL: 8

DURATION: 4 years

COURSE ENTRY

LEAVING CERT:
Number of subjects at grade D or better: 6

Number at higher level grade C or better: 2

REQUIRED SUBJECTS:
English/Irish: OD3/HD3
Mathematics: OD3/HD3

A laboratory science subject (biology, physics, chemistry, physics & chemistry (joint) or agricultural science).

Three other subjects (may include Irish or English and a laboratory science subject not included already) or have equivalent second level educational qualifications to the foregoing.

The minimum educational requirements may be accumulated over not more than two sittings of the leaving certificate examination or an equivalent examination.

RECENT ENTRY POINTS:

YEAR:	2005	2006
Min points:	410	395

MATURE ENTRY
COURSE CODE: WD816

FOR FURTHER INFORMATION:

COURSE COORDINATOR
Suzanne Denieffe, MSc, BNS, RGN, RPN, RNT
Email: sdenieffe@wit.ie

BSc (Hons) in General Nursing

What is General Nursing?

General nurses work as part of a multidisciplinary team in promoting and maintaining health of individuals, families and communities and in systematically caring for those who develop health problems and supporting them to live their lives to their maximum potential.

What is the BSc (Hons) in General Nursing course?

The BSc (Hons) in General Nursing is a four-year degree course, which prepares students for a career in caring for clients and their families with health problems. Successful completion of the course allows you to register as a General Nurse with An Bord Altranais.

Career Opportunities

There are a multitude of opportunities available which include the following:

- Medical or surgical settings
- Theatre
- Accident and Emergency
- Community settings
- Graduates can also nurse internationally

Clinical Experience

Clinical experience is an important element of the course and is a requirement in order to register as a general nurse. There are 80 weeks of clinical placement throughout the course, including a 36-week experience in year 4 during which you will be paid.

Additional Applicant Requirements

Medical certificate - All applicants will be required to undergo a medical examination, at their own expense, to establish that they are healthy enough to take up the profession of nursing. Full details will be sent to all on-time applicants.

Garda Clearance - All applicants will be required to obtain clearance from the Garda Síochána before they can be admitted to this course. Full details will be sent to all on-time applicants.

Follow on Study

MSc in Nursing (following two years relevant experience)
Postgraduate Research

COURSE OUTLINE

YEAR ONE	SEMESTER 1
	Nursing as Caring 1 Professional Safety and Communication 1 Enquiry & Research Skills 1 Caring for the client with Integument & Digestive Systems Disorders Clinical Placement
	SEMESTER 2
	Lifecycle 1 Caring for client with Cardiovascular & Respiratory Disorders Caring for client with urinary & Lymphatic System Disorders
YEAR TWO	SEMESTER 3
	Nursing as Caring 2 Enquiry and Research Skills 2 Developing Caring in Practice 1 Caring for the client in Midwifery Psychiatric and Intellectual Disability Settings
	SEMESTER 4
	Caring for client with Muscular Nervous & Motor System Disorders Lifecycle 2 Professional Dev & Communication Developing Caring in Practice 2
YEARS THREE & FOUR	SEMESTER 5 - 8
	Other topics of study in semester 5 to 8 are as follows: Professional Development and Management, Applying Caring in Practice, Caring for The Patient/Person with Endocrine and Special Senses Disorders & Cardiovascular and Renal System disorders and with Cancer & Introduction to Critical Care.
	SEMESTER 7 & 8
	Clinical Experience (36 weeks)

"I opted for General Nursing at WIT as it was always a career I was interested in and found the course in WIT appealed to me as there is an excellent variety of academic learning and work placement."

Ciara Purcell, General Nursing Student



BSc (Hons) in Psychiatric Nursing

CODE: **WD117** LEVEL: **8**

What is Psychiatric Nursing?

Psychiatric/Mental health nursing, a specialist field within the health care professions, is an interpersonal caring process which acknowledges the uniqueness of each person. The psychiatric nurse is concerned with the promotion of mental health, the prevention of mental illness and the provision of care to those with mental health problems.

What is the BSc (Hons) in Psychiatric Nursing course?

The BSc (Hons) in Psychiatric Nursing is a four year degree course, which prepares you for a career in caring for clients and their families with mental health problems. Successful completion of the course allows you to register as a Psychiatric Nurse with An Bord Altranais.

Career Opportunities

There are a multitude of opportunities available which include the following:

- Nursing in acute care settings
- Nursing in community care settings
- Counselling
- Clinical Nurse specialist
- Family Therapist
- Nursing Research
- Nursing management

Clinical Experience

Clinical experience is an important element of the course and is a requirement in order to register as a Psychiatric nurse. There are 80 weeks of clinical placement throughout the course, including a 36 week experience in semester 7 and 8 during which you will be paid. Clinical placements include acute care settings, community settings such as day hospitals and home visiting, counselling including addictions, care setting for child/adolescent /older adults with mental health problems.

Additional Applicant Requirements

Medical certificate - All applicants will be required to undergo a medical examination, at their own expense, to establish that they are healthy enough to take up the profession of nursing. Full details will be sent to all on-time applicants.

Garda Clearance - All applicants will be required to obtain clearance from the Garda Síochána before they can be admitted to this course. Full details will be sent to all on-time applicants.

Follow on Study

MSc in Nursing (following two years relevant experience)
Postgraduate Research

COURSE OUTLINE	
YEAR ONE	SEMESTER 1 Nursing as Caring 1 Enquiry and Research Skills 1 Caring for client with Urinary, Digestive, Reproductive and Genetic Disorders Professional Safety & Communication Clinical Experience
	SEMESTER 2 Mental Health Perspectives Caring for client with Cardiovascular & Respiratory Disorders Lifecycle 1 Introduction to caring in Practice 2
YEAR TWO	SEMESTER 3 Nursing as Caring 2 Enquiry and Research Skills 2 Caring for client with Affective & Perceptive Disorders Developing Caring in Practice 1
	SEMESTER 4 Caring for client with Central Nervous Sys & Endocrine Disorders Professional Development & Communication Lifecycle 2 Developing Caring in Practice 2
YEARS THREE & FOUR	SEMESTER 5 - 8 Other topics of study in semester 5 to 8 are as follows: Mental Health Across The Lifespan, Caring for the Patient/Person with Substance Misuse/Abuse, Eating Disorders, Self-Destructive Behaviour and Personality Disorders. Applying Caring in Practice, Therapeutic Interventions, Mental Health-Issues and Challenges For The Individual Family in Community, Consolidating Caring in Practice.
	SEMESTER 7 & 8 Clinical Experience (36 weeks)



COURSE FACTS

COURSE TITLE:
BSc (Hons) in Psychiatric Nursing

COURSE CODE: WD117

COURSE LEVEL: 8

DURATION: 4 years



COURSE ENTRY

LEAVING CERT:

Number of subjects at grade D or better: 6

Number at higher level grade C or better: 2

REQUIRED SUBJECTS:

English/Irish: OD3/HD3
Mathematics: OD3/HD3

A laboratory science subject (biology, physics, chemistry, physics & chemistry (joint) or agricultural science).

Three other subjects (may include Irish or English and a laboratory science subject not included already) or have equivalent second level educational qualifications to the foregoing.

The minimum educational requirements may be accumulated over not more than two sittings of the Leaving Certificate examination or an equivalent examination.

RECENT ENTRY POINTS:

YEAR: 2005 2006

Min points:	355	330
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MATURE ENTRY

COURSE CODE: WD817



FOR FURTHER INFORMATION:

COURSE COORDINATOR
Suzanne Denieffe, MSc, BNS, RGN, RPN, RNT
Email: sdenieffe@wit.ie

CODE: **WD120** LEVEL: **8**

BSc (Hons) in Intellectual Disability Nursing

COURSE FACTS

COURSE TITLE:
BSc (Hons) in Intellectual Disability Nursing

COURSE CODE: WD120

COURSE LEVEL: 8

DURATION: 4 years

COURSE ENTRY

LEAVING CERT:

Number of subjects at grade D or better: 6

Number at higher level grade C or better: 2

REQUIRED SUBJECTS:

English/Irish: OD3/HD3
Mathematics: OD3/HD3

A laboratory science subject (biology, physics, chemistry, physics & chemistry (joint) or agricultural science).

Three other subjects (may include Irish or English and a laboratory science subject not included already) or have equivalent second level educational qualifications to the foregoing.

The minimum educational requirements may be accumulated over not more than two sittings of the Leaving Certificate examination or an equivalent examination.

RECENT ENTRY POINTS:

YEAR: 2005 2006

Min points: 385 350

MATURE ENTRY

COURSE CODE: WD820

FOR FURTHER INFORMATION:

COURSE COORDINATOR
Suzanne Denieffe, MSc, BNS,
RGN, RPN, RNT
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What is Intellectual Disability Nursing?

Intellectual Disability nursing is seen as a speciality field of nursing that provides holistic care to persons with an intellectual disability. Intellectual disability nurses work as part of a transdisciplinary team in order to enable and empower people with intellectual disabilities to achieve their full potential.

What is the BSc (Hons) in Intellectual Disability Nursing course?

Pre-registration nurse education in intellectual disability nursing leads to the award of a professional nursing qualification of Registered Intellectual Disability Nurse. This nurse education programme is a four-year, full-time course, and students must meet learning outcomes and competencies for registration as required by An Bord Altranais.

Career Opportunities

- Residential care
- Day-care facilities
- Respite services
- Special education services
- Community nurses for people with intellectual disabilities and their families.

Clinical Experience

Clinical experience is an important element of the course and is a requirement in order to register as an Intellectual Disability Nurse. There are 80 weeks of clinical placement throughout the course, including a 36-week experience in year 4 during which you will be paid.

Additional Applicant Requirements

Medical certificate - All applicants will be required to undergo a medical examination, at their own expense, to establish that they are healthy enough to take up the profession of nursing. Full details will be sent to all on-time applicants.

Garda Clearance - All applicants will be required to obtain clearance from the Garda Síochána before they can be admitted to this course. Full details will be sent to all on-time applicants.

Follow on Study

MSc in Nursing (following two years relevant experience)
Postgraduate Research

I began in 1997 to undertake a Management course for Nurses in WIT. In 2003 I completed the BSc in Nursing in WIT. I then took up the post of Clinical Placement Co-ordinator for the BSc in Nursing (Intellectual Disabilities). I currently oversee the development and facilitation of practice placements for student nurses in a number of voluntary and statutory health service providers for people with intellectual disabilities in the South East region.

Juggling a full-time career, motherhood and further education was a daunting prospect for me. However the motivation and enthusiasm of the lecturing staff in WIT provided me with all the support I needed".

Sineád Ryan, BSc in Intellectual Disability Nursing

COURSE OUTLINE

YEAR ONE	SEMESTER 1	SEMESTER 2
	Nursing as Caring 1 Clinical Placement Professional Safety and Communication Enquiry and Research Skills 1 Caring for client with Urinary, Digestive, Reproductive and Genetic Disorders	Lifecycle 1 Caring for client with Cardiovascular Respiratory Disorders Clinical Placement Intellectual Disability Perspectives
YEAR TWO	SEMESTER 3	SEMESTER 4
	Nursing as Caring 2 Enquiry and Research Skills 2 Caring for client with Central Nervous System and Endocrine Disorders Developing Caring in Practice 1	Lifecycle 2 Pro Development & Communication Intellectual Disability Education & Relationships Developing Caring in Practice 2
YEARS THREE & FOUR	SEMESTER 5 - 8	SEMESTER 7 & 8
	Other topics studied in semester 5 to 8 are as follows: Professional development and facilitation of learning, Intellectual disabilities and behavioural interventions, Intellectual disability and complementary /alternative therapies, People with Intellectual disabilities and late adulthood, and Community and Residential services for people with intellectual disabilities across the lifespan.	
	Clinical Experience (36 weeks)	

Bachelor of Business in Recreation & Sport Management

CODE: **WD019** LEVEL: **7**

What is the Bachelor of Business in Recreation & Sport Management?

This is a three year degree course, which prepares students for work in the leisure industry. The course places as much emphasis on business studies as on recreation and sport studies. There are compulsory practical elements on this course which all students must pass in order to progress and eventually graduate.

Career Opportunities

Graduates of this course may find employment in some of the following areas:

- Leisure centres
- Sports organisations
- Community centres
- Private leisure organisations
- National governing bodies
- Youth and community organisations
- Voluntary bodies

Follow on Study

Bachelor of Business (Hons) in Recreation & Sport Management

Reserved Places

A number of places may be allocated to applicants of outstanding achievement and potential in sporting activities that have reached the minimum academic entry requirements but fail to make the entry points required.

To compete for one of these places, applicants must complete and return a supplementary application form before a date specified by the college (marked on the form). The college will issue a copy of this form to everyone who puts this course as one of their choices before February 1st.



“My three years in WIT were a wonderful experience. The balance of subjects gave me an excellent grounding for the field I was entering while the overall experience contributed greatly to my personal development”.

Sean Mooney, BA in Recreation & Leisure (now Bachelor of Business in Recreation & Sport Management)

COURSE OUTLINE	
YEAR ONE	SEMESTER 1 Philosophical Concepts in Leisure Exercise Physiology Sports Pedagogy and Skills 1 Communications Management of Human Behaviour Financial Accounting
	SEMESTER 2 Sociology of Sport & Leisure Resistance & Conditioning Sports Pedagogy and Skills 2 Organisational Behaviour Information Technology Accounting & Business Studies
YEAR TWO	SEMESTER 3 Sport & Exercise Psychology Recreation Operations Management Sports Pedagogy and Skills 3 Principles of Marketing Accounting Decision Making Business Law for the Recreation Environment
	SEMESTER 4 Work Experience
YEAR THREE	All modules in semesters 5 & 6 are electives with students selecting 3 streams for each of the Recreation and leisure subjects and the Business subjects. Students must follow streams through from semester 5 to semester 6 Recreation & Leisure Options Land-Based Out-door Recreation Recreation Planning Sports Development Exercise Leadership Coaching Adapted Physical Activity Water Based Outdoor recreation Event and Facilities Management Social Recreation Exercise Leadership Fitness Training & Performance Activity for Intellectual Disability Business Options Business Administration Marketing Mix decisions Budgeting & Tax Intermediate Business Statistics Human Resource Management IT Business Applications Enterprise & Innovation Sports Marketing Intermediate Financial Accounting Economics Employment Relations E-Commerce

COURSE FACTS

COURSE TITLE:
Bachelor of Business in Recreation & Sport Management

COURSE CODE: WD019

COURSE LEVEL: 7

DURATION: 3 years

COURSE ENTRY

LEAVING CERT:

Number of subjects at grade D or better: 5

REQUIRED SUBJECTS:

English/Irish: OD3/HD3
Mathematics: OD3/HD3

RECENT ENTRY POINTS:

YEAR:	2005	2006
Min points:	265	260

FOR FURTHER INFORMATION:

COURSE LEADER
Jack Bergin, BA, MSc.
Email: jbergin@wit.ie

CODE: **WD051** LEVEL: **8**

 TRANSFER APPLICANTS ONLY

Bachelor of Business (Hons) in Recreation & Sport Management

COURSE FACTS

COURSE TITLE:
Bachelor of Business (Hons) in Recreation & Sport Management

COURSE CODE: WD051

COURSE LEVEL: 8

DURATION: 1 year add-on

COURSE ENTRY

REQUIREMENTS:

Holders of a BA in Recreation & Leisure or equivalent may apply for entry to the programme (subject to availability of places).

A 20-hour bridging studies course is run in September prior to the beginning of the course. The bridging studies prepare students for their own research work and to assist in the selection of electives. This course is a compulsory requirement for all students accepted onto the honours degree programme.

FOR FURTHER INFORMATION:

COURSE LEADER
John Moroney
Email: jmoroney@wit.ie

What is the Bachelor of Business (Hons) in Recreation & Sport Management course?

This is a one year add on degree from the Bachelor of Business in Recreation & Sport Management. It allows graduates to specialise in specific areas of the leisure industry.

Career Opportunities

- Specialist positions in the leisure industry
- Event Management / Marketing
- Sports Organisations
- National Governing Bodies
- Sports Development Officers
- Coaching
- Teaching

Follow on Study

MA in Sports Psychology
Postgraduate Research



COURSE OUTLINE

SEMESTER 1

Recreation & Leisure Options

Comparative Studies
Therapeutic Recreation
Performance & Analysis in Sport
Physical Activity Health & Lifestyle
Issues in Outdoor Recreation Mgt
Recreation planning & Technology
Community Recreation

Business Options

Recreation Business Policy
Services Marketing Principles
Websites & E-Business
Dissertation - Literature Review

YEAR ONE

SEMESTER 2

Recreation & Leisure Options

Contemporary issues in Sport & Leisure
Recreation for Special Populations
Performance Psychology
Principles of Health & Health promotion
Adventure Tourism
Recreation Management Issues
Sports Development Policy & Planning

Business Options

Strategic Leisure Management
Applied Services Marketing
E-Commerce & Web-authoring
Dissertation - Results & Discussion

Students select three modules from recreation and leisure options and two modules from Business options plus dissertation.

"I graduated in 1990 with a Bachelor of Business in Sport and Recreation from WIT. I worked in a hotel leisure centre for a short period of time before taking a position as an instructor on a FÁS Sport and Recreation course. I returned to WIT in 1995 to take the BA (Hons) in Recreation and Leisure. The introduction of the add-on Degree was a very important stepping-stone for me in my lecturing career. On graduating I returned to my job with FÁS before taking up a part-time position lecturing in WIT. I completed an MSc in the Sociology of Sport and Sport Management in 2001 and I took up a full-time lecturing position in Sport and Recreation with Athlone I.T.

The sport and recreation lecturing staff were both professional and friendly and always had an open door policy to the students. I very much enjoyed my time in WIT and many of the friends I made remain close friends to this day".

Joe Meegan, BA (Hons) in Recreation & Leisure (now Bachelor of Business (Hons) in Recreation and Sport Management)

BA (Hons) in Health Promotion

CODE: **WD124** LEVEL: **8**

What is Health Promotion?

Health Promotion is the process of enabling people to increase control over and improve their health.

What is the BA (Hons) in Health Promotion course?

The BA (Hons) in Health Promotion is a full-time four-year honours degree course, which prepares students for employment in the health or allied health sector. The overall aim of the course is to educate health promotion specialists who have the core skills to work with a wide variety of population groups, and in a wide range of settings.

Career Opportunities

- Health Promotion Posts (Physical Activity, Smoking Cessation, Sexual Health, Men's Health, etc) in the Health Service Executive
- Community Development
- Corporate wellness/workplace health promotion
- Primary Care Setting/Public Health
- School Setting - Social, Personal, Health Education
- Youth Work
- Working with agencies for the Older Adult, Disabled, Disadvantaged, and Marginalised Groups
- Health Promotion Leadership
- Local Authority Initiatives/County Councils

Work Placement

There is a 16 week placement in third year of the course. The primary aim is to introduce the student to the health industry and provide the student with a broader skill base.

To date students have been placed in the following settings: Health Service Executives, Health Promotion Units / Depts, Hospitals e.g. Occupational Health Dept, Youth Services, Adolescent Health and Information Projects, Community Projects and Adult Education Service, V.E.C.s.

Students can also organise an international placement in Voluntary Organisations. e.g. The Future Factory, Cape Town, South Africa or Corporate Wellness e.g. Well-being Centre @ Microsoft Ltd, Reading, England.

Study Abroad

WIT has study abroad agreements for students on the BA in Health Promotion. The aim of study abroad is to develop international understanding and to share knowledge through full-time study at a foreign university.

Follow on Study

Opportunities for postgraduate research exist in WIT in the health promotion field.

COURSE OUTLINE	
YEAR ONE	SEMESTER 1 Social Personal Health Education 1 Written Communications Introduction to Research Methods Human Anatomy & Physiology Principles of Health Promotion Health Promotion Leadership
	SEMESTER 2 Lifespan Development Communication & Presentation Skills Data & Measurement Biomolecules & Cells Lifestyle Skills for Key Populations Physical Activity & Wellness
YEAR TWO	SEMESTER 3 Sociology of Health Behaviour Nutrition Communication Media Physical Health & Disease Social Personal Health Education 2 Lifestyle Guidance
	SEMESTER 4 Psychology of Health Behaviour Mental Health & Wellness Research Methods & Statistics Practical Communication Media Skills Health Promotion in Key Settings Working with Key Populations
YEARS THREE & FOUR	SEMESTER 6 Work Placement
	SEMESTER 5 - 8 Other topics of study in semester 5 to 8 include Philosophy of Health, Lifestyle Modification Skills, Advanced Research Methods & Statistics, Community Development, Communications and Marketing, Health Screening & Assessment, Placement, Dissertation, Public Health, Health Psychology, Health Promotions Marketing, Food, Health & Lifestyle and Advanced Health Promotion in Key Settings. Electives on offer are: Health Promotion for at Risk Youth, Disabilities & Advocacy, Gender & Health, Signing for the Auditory Impaired, SPHE and Intervention Mapping



COURSE FACTS

COURSE TITLE:
BA (Hons) in Health Promotion

COURSE CODE: WD124

COURSE LEVEL: 8

DURATION: 4 years



COURSE ENTRY

LEAVING CERT:

Number of subjects at grade D or better: 6

Number at higher level grade C or better: 2

REQUIRED SUBJECTS:

English/Irish: OD3/HD3
Mathematics: OD3/HD3

RECENT ENTRY POINTS:

YEAR:	2005	2006
Min points:	310	300

"There is a huge demand for health promotion professionals in Ireland (and the rest of the world) today. WIT was one of the first colleges to recognise this and offer a course to meet this demand. I have no doubt but that it was the right choice of course and college for me!".

Ann Brien, BA (Hons) in Health Promotion



FOR FURTHER INFORMATION:

COURSE LEADER
Dr Niamh Murphy
Email: nmurphy@wit.ie

BA (Hons) in Exercise & Health Studies

CODE: **WD125** LEVEL: **8**

COURSE FACTS

COURSE TITLE:
BA (Hons) in Exercise & Health Studies

COURSE CODE: WD125

COURSE LEVEL: 8

DURATION: 4 years

COURSE ENTRY

LEAVING CERT:

Number of subjects at grade D or better: 6

Number at higher level grade C or better: 2

REQUIRED SUBJECTS:

English/Irish: OD3/HD3
Mathematics: OD3/HD3

Mature students working in the field, or related fields, are also welcome.

RECENT ENTRY POINTS:

YEAR: 2005 2006

Min points: 305 315

FOR FURTHER INFORMATION:

COURSE LEADER
Michael Harrison
Email: mharrison@wit.ie

What is the BA (Hons) in Exercise and Health Studies course?

The BA (Hons) in Exercise and Health Studies is a four-year honours degree that prepares students for employment as physical activity and fitness professionals.

Exercise and Health Studies has three distinct elements. Studies in exercise and health science examine the influence of exercise on the body and the role of exercise in the treatment of modern health problems. Studies in physical activity and health promotion consider how best to encourage behaviour change. Practical exercise leadership skills are the third key component of this discipline.

Career Opportunities

- Personal training
- Health and fitness industry
- Physical activity and health promotion
- Youth services
- Special needs physical activity

Work Placement

A 16 week work placement takes place in the 5 / 6 semester of the course which allows students to gain real experience in a fitness, special needs or physical activity promotion environment.

Follow on Study

Opportunities for postgraduate research exist in WIT in the Exercise and Health field.

"I entered into WIT in September 2003. I am studying BA (Hons) in Exercise and Health Studies, which is a relatively new course. I chose to do this course because of the broad spectrum of study within it. You are never stuck to one area of work afterwards and there are plenty of options for further study. I work in a gym part time which helps because I see some of the theory in practice.

I am so glad I made the choice to study at WIT. The campus is great and I have made so many friends over the past two years, which makes college life 'plain sailing'! Everybody you meet is so friendly. I'd recommend the BA (Hons) in Exercise and Health studies to anyone who likes to work with people and has a genuine interest in different health issues."

Cora Hennessy, BA (Hons) in Exercise & Health Studies

COURSE OUTLINE

YEAR	SEMESTER	COURSE OUTLINE
YEAR ONE	SEMESTER 1	Physical Activity and Health 1 Written Communications Introduction to Research Methods Exercise Physiology 1 Social, Personal and Health Education 1 Activity Leadership
	SEMESTER 2	Lifespan Development Communication and Presentation Skills Motor Behaviour Data and Measurement Biomolecules and Cells Resistance and Conditioning
YEAR ONE	SEMESTER 3	Sociology of Health Behaviour The Exercise Professional Nutrition Health Promotion in Key Settings Health and Fitness Assessment Exercise Leadership (E) Lifestyle Guidance (E)
	SEMESTER 4	Psychology of Health Behaviour Social, Personal and Health Education 2 Research Methods and Statistics Youth Physical Activity Exercise Medicine Exercise Programming
YEARS THREE & FOUR	SEMESTER 6	Work Placement
	SEMESTER 5 - 8	The following topics are studied in semester 5 to 8 Philosophy of Health, Advanced Research Methods and Statistics, Adapted Physical Activity, Exercise Physiology, Lifestyle Modification Skills, Educating Exercise Professionals, Dissertation, Physical Activity and Health 2, Exercise Psychology, Clinical Exercise Physiology, Business and Marketing for Exercise Professionals, Food Health and Lifestyle, Youth At Risk (E), Advanced Fitness Studies (E), Measurement in Exercise Science (E), Child Exercise and Health (E), Older adult (E), Social Personal and Health Education 4 (E). E = elective module, all other modules are mandatory